

# LEGEND OAKS SWIM TEAM WEATHER POLICY

Updated 1/31/2018

**Rain does not delay or reschedule meets or practices**, unless the rain becomes so heavy we cannot see the bottom of the pool.

In the event of a thunderstorm we will take the below steps to ensure the safety of the safety of our swimmers, coaches, and parents:

- ❖ **If thunder is heard, swimmers will be asked to leave the water and shelter on the pool deck for at least 15mins.** Coaches, Officials, and Board Members will take this time to evaluate the current state of the weather, via radar and lightning detective materials at Legend Oaks Clubhouse. All team communication will come from LOST Remind 101 text messages.
- ❖ **If lightning is spotted swimmers, parents, coaches, etc. must leave the pool deck immediately and head to shelter in either their cars, Clubhouse porch, or Clubhouse Pavilion for at least 30mins.** If you enter the Clubhouse please make sure you are dry, have your bathing suit covered completely, and shoes on your feet. The pool gate will be locked and will not be opened again until the lightning delay has passed. Please wait in one of these three areas and wait for further instructions from the LOST Remind 101.
- ❖ **If the thunderstorm comes during the process of a meet please refer to the LOST Weather Policy and the CCAA Weather Delay Guideline (see below).** We highly discourage swimmers to leaving during a weather delay. If you choose to leave the meet during a weather delay you must first seek approval from a coach. If you do not get approval before leaving, your swimmer(s) may lose privileges for the next meet. We ask all parents and swimmers for their patience while dealing with weather delays. The safety of our swimmers, coaches, and parents are our highest priority. We, as a team, also want to be able to swim the meet if possible. The swim season is tight, rescheduling meets can be challenging.
- ❖ During a lightning delay at a meet parents and guardians are in charge of their swimmers. Please remind your swimmers to relax and conserve their energy for the hopeful continuation of the meet. There should be NO running around or horseplay during a delay. Any swimmers who are not adhering to these rules will receive an initial warning by coaches or board members. If behavior continues discipline of the swimmer(s) will be at the discretion of the coaches as stated in the LOST Discipline Policy found in Team Handbook (see below).
- ❖ **ALL team communication during Weather Delays will come from LOST Remind 101 text messaging.** See Communication section of handbook for instructions for joining.

# CCAA WEATHER DELAY GUIDELINES

*Updated 25 March 2010*

If the weather delay occurs:

## **PRIOR to the start of warm-ups:**

In the event that there is a weather delay **prior** to the start of warm-ups,

- ❖ if the weather clears sufficiently to proceed with the meet, both coaches may agree to shorten warm-ups to **15** minutes per team. Both teams are entitled to participate in warmups.
- ❖ unless both coaches and team reps agree to the contrary, if **warm-ups** have not started by **8:00pm**, then the meet should not be started and should be rescheduled.

## **DURING warm-ups:**

In the event that there is a weather delay **during** warm-ups:

- ❖ If the weather clears sufficiently to proceed with the meet, both teams must have had a chance to **complete** warm ups before the meet officially begins.
- ❖ If one team has completed warm-ups, but warm-ups are interrupted during the second team's warm-ups, the first team is not entitled to another warm-up period. The second team is entitled to a total warm-up time of at least as much time as the first team had to warm up, not to exceed 30 minutes.

## **PRIOR to the official start of the meet:**

In the event that there is a weather delay **prior** to the meet starting, but **after** warm-ups:

- ❖ unless both coaches and team reps agree to the contrary, if the meet has not started at all by 8:30pm, then the meet should not be started and should be rescheduled.
- ❖ If the weather clears sufficiently to proceed with the meet, both coaches should discuss the reduction of extra exhibition heats, particularly if such heats are scheduled in events other than freestyle. The longer the delay, the stronger the rationale to reduce such heats.

In the event that a meet is started **after** a weather delay and subsequently delayed any number of times for further weather issues,

- ❖ unless **both coaches and team reps** agree to the contrary, if the cumulative time of delays exceeds 1 hour and 30 min, then the meet should be suspended, and the rain agreement opted for at the pre-meet meeting should be followed.
- ❖ as described above, both coaches should discuss the reduction of extra exhibition heats

## **DURING the course of a meet:**

If a meet is started on time without a weather delay, and a subsequent weather delay(s) develops, unless **both sets of coaches and team reps** agree to the contrary, if the cumulative time of delays exceeds 1 hour and 30 min, then the meet should be suspended, and the rain agreement opted for at the pre-meet meeting should be followed.

The decision of the meet official concerning the continuation of the meet for **safety** reasons is final. The decision should follow an adult conversation discussing the guidelines and how they apply to the situation at hand at the time. If the team reps and coaches are not in agreement over whether to stop or continue the meet, the meet official decision will take the responsibility to make a final decision.